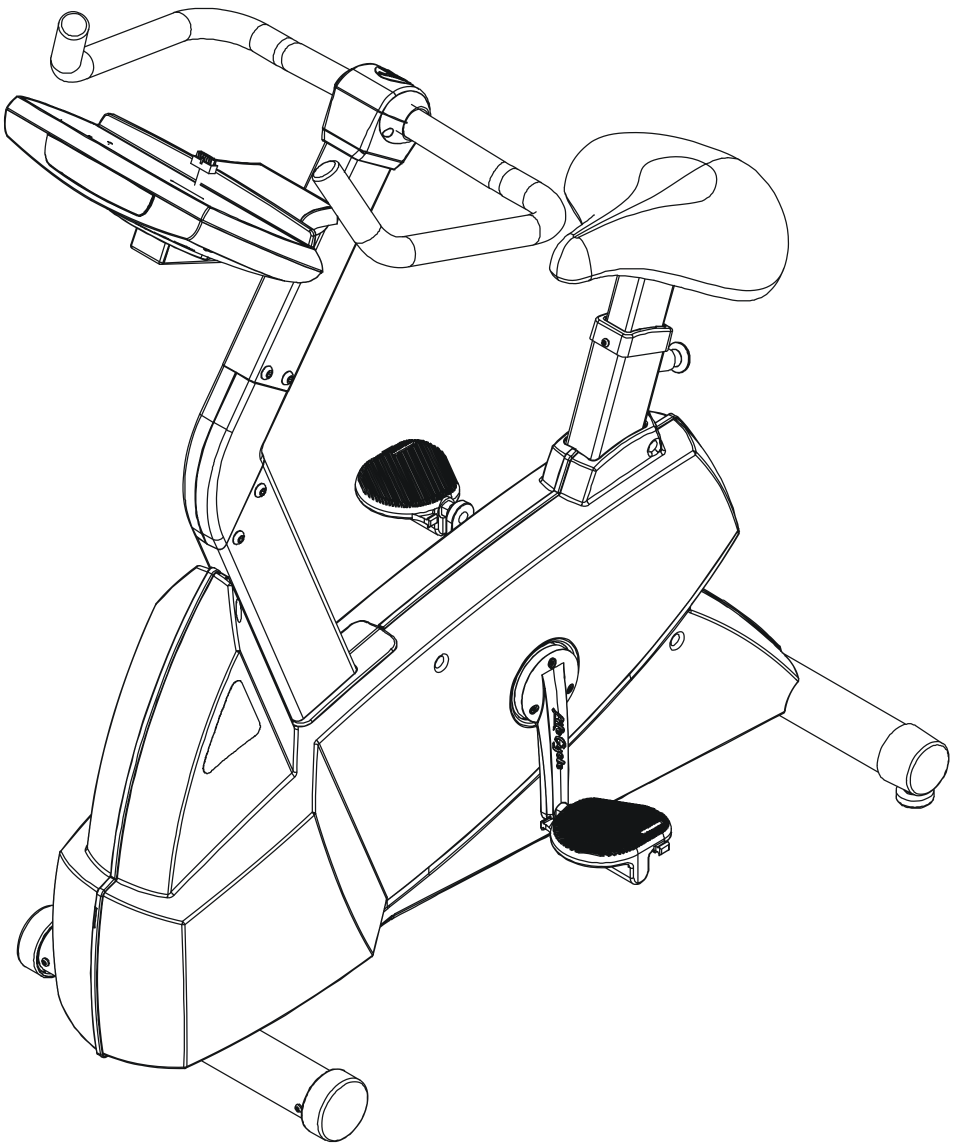
LifeFitness

ARCTIC SILVER 95CW Upright Bike



Customer Support Services

PARTS MANUAL

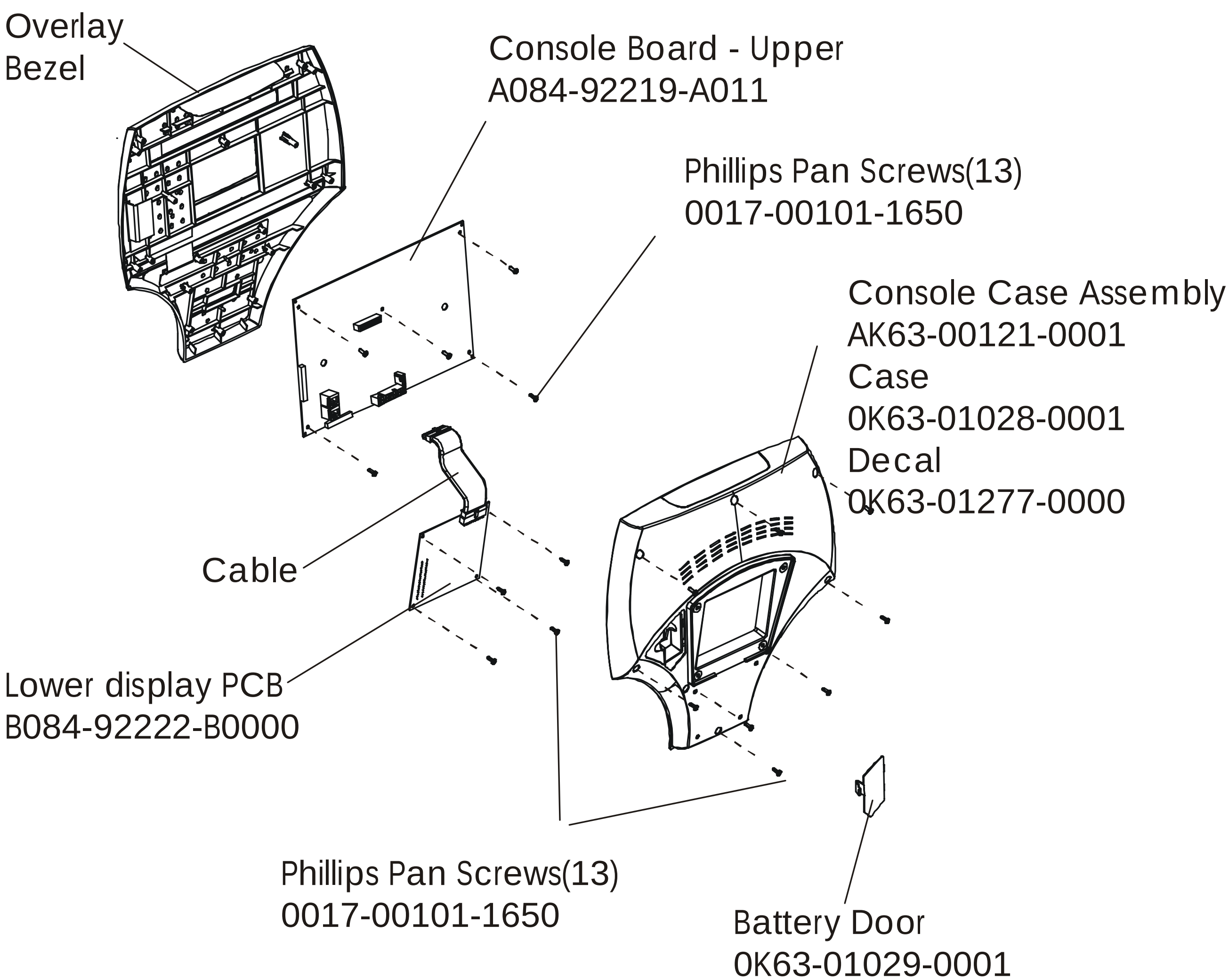
rev 01 May 2008

OPERATION MANUAL	M051-00K63-A064
HARDWARE BAG	GK63-00002-0044
NETWORK C-SAFE KIT	GK63-00002-0003
POWER OPTION KIT – 120V	GK63-00002-0005
POWER OPTION KIT – 220/50 UK	GK63-00002-0039
POWER OPTION KIT – 240V+ AUS	GK63-00002-0040
POWER OPTION KIT – 220/50	GK63-00002-0041
TOUCH UP PAINT: SPRAY CAN .5 OZ BOTTLE W/APPLICATOR .33 OZ PEN	 0017-00008-0204 0017-00008-0205 0017-00008-0206
COAX CABLE	AK32-00020-0001
ER READY BRACKET ASSEMBLY ASEMBLY CONSISTS OF: 1) POWER CABLE 2) ER READY BRACKET 3) F TYPE CONNECTOR	AK63-00215-0000 AK32-00078-0001 0K63-01329-0000 0017-00021-2846
SERVICE MANUAL	M051-00K63-A009

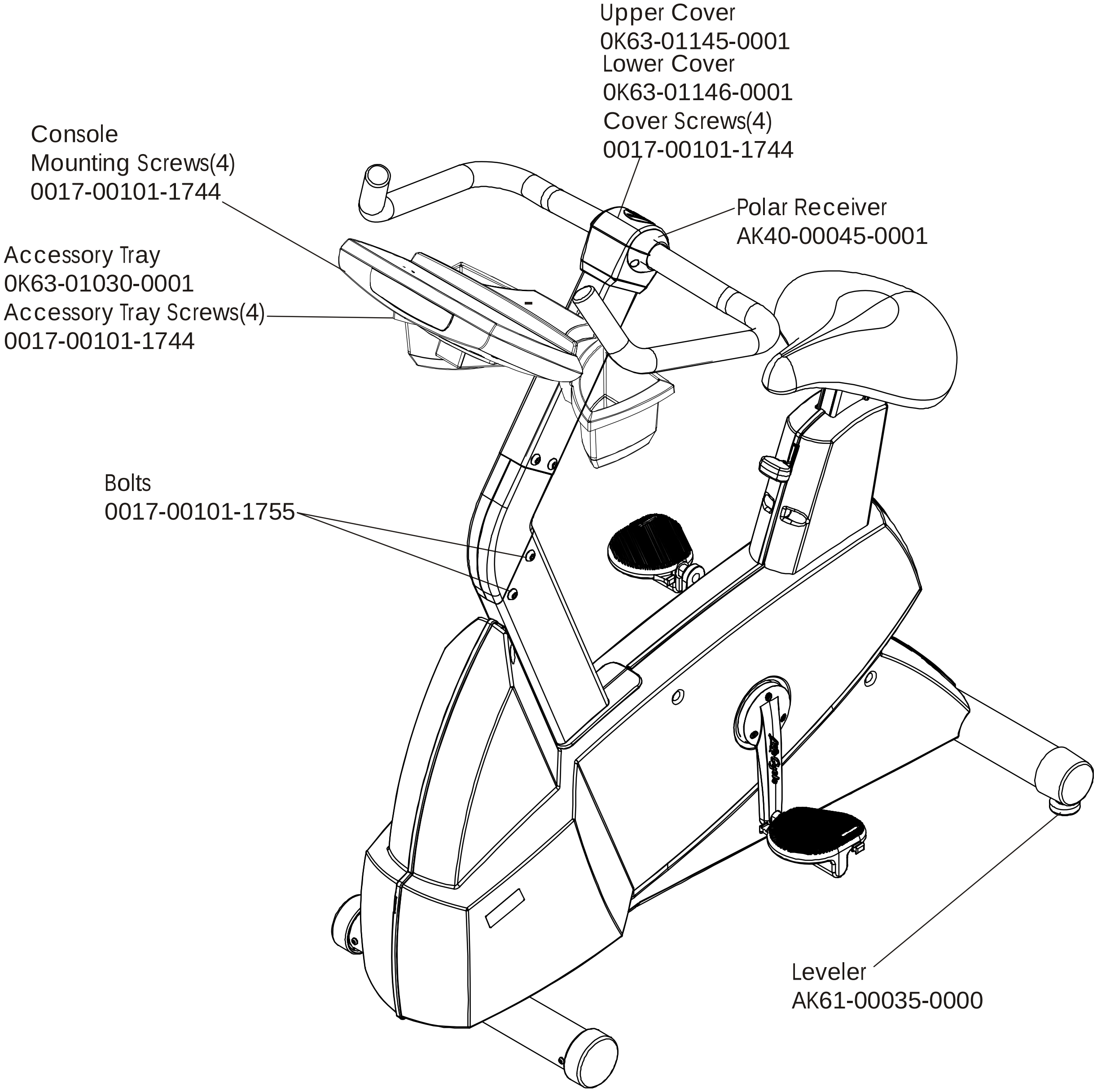
NOTE: ADDING THE BOLT ON LCD SCREEN TO THE

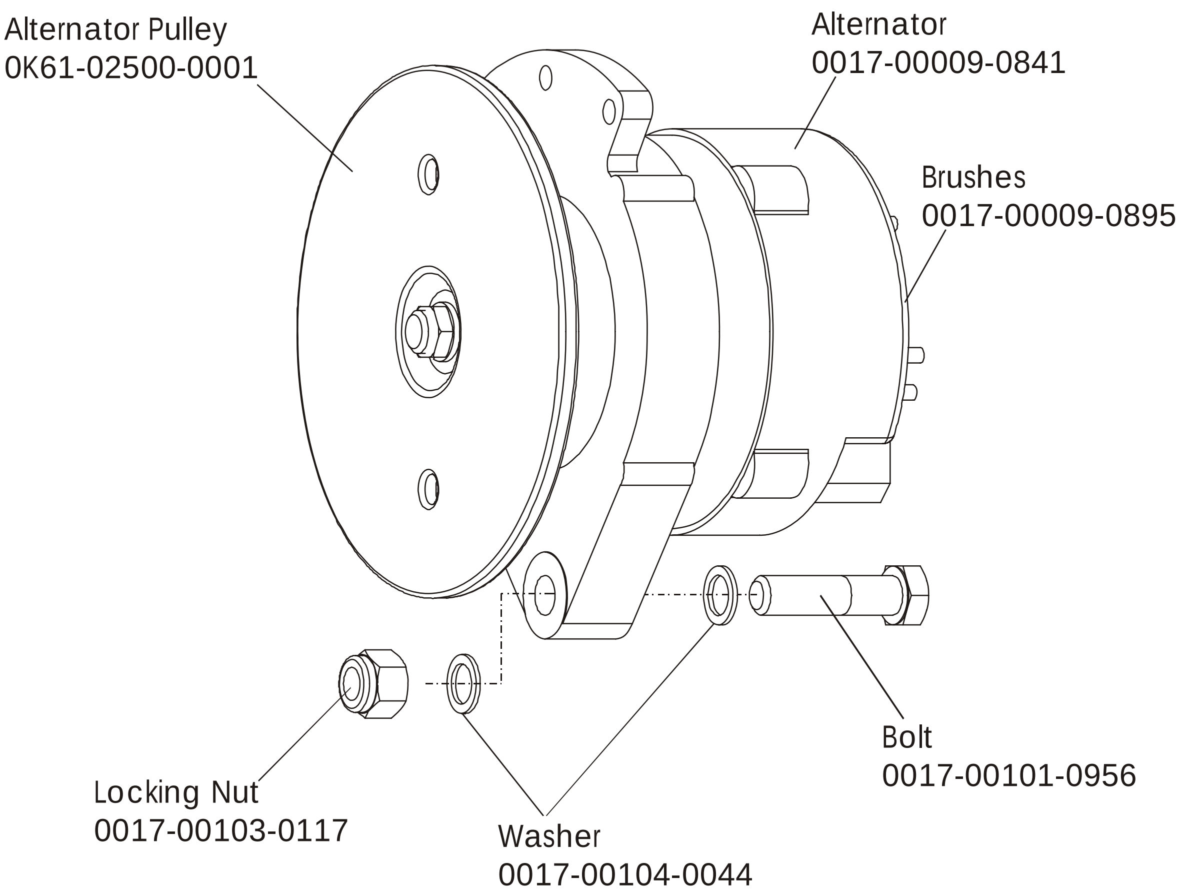
95CW-0XXX-02 MAKES THE UNIT A 95CER-0XXX-02

Page

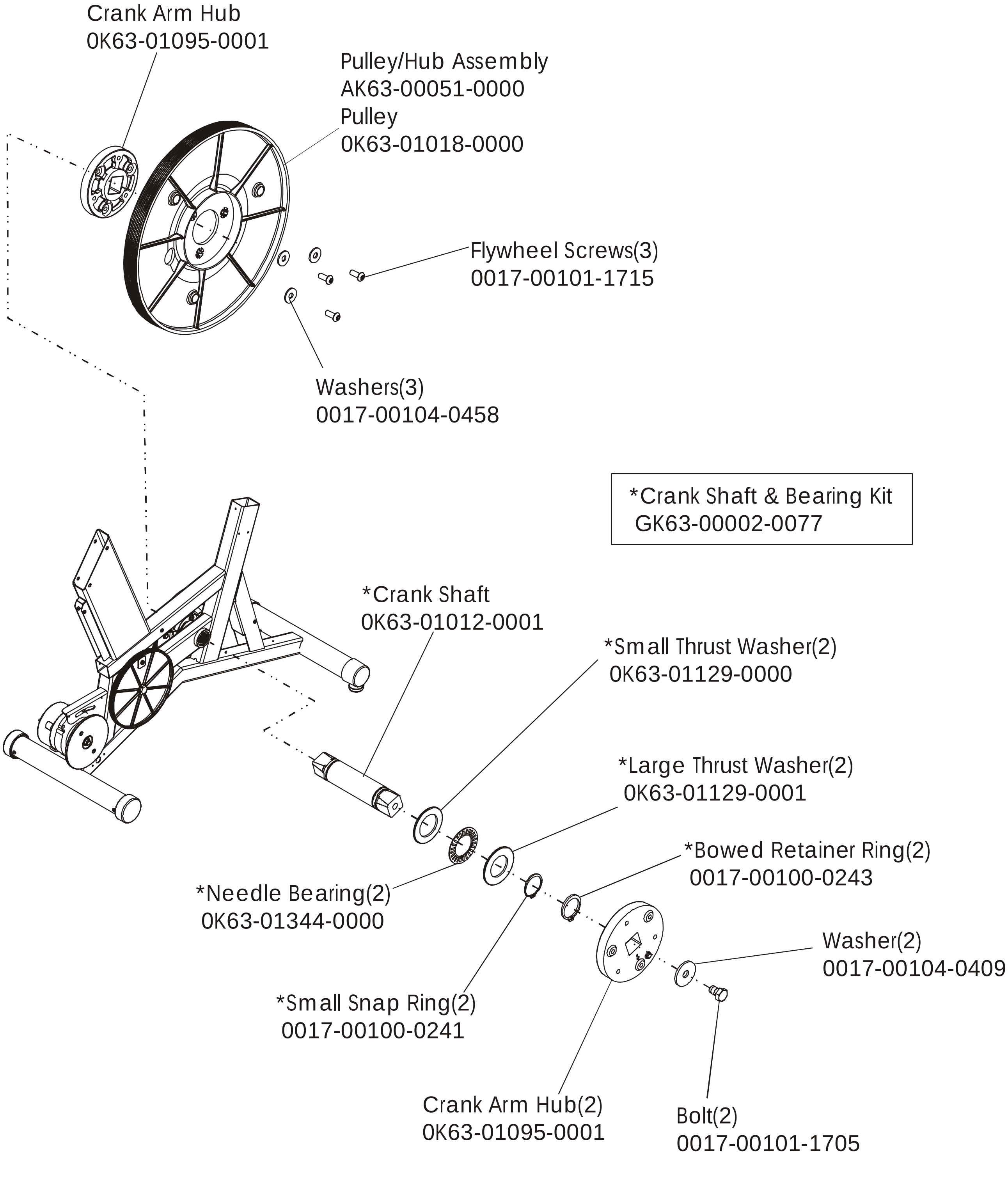


Console Assembly	Bezel/Switch W/Overlay Assy.
AK63-00160-0001 Eng Met	AK63-00165-0001 Eng Met
AK63-00160-0003 Ger Met	AK63-00165-0003 Ger Met
AK63-00160-0004 Spn Met	AK63-00165-0004 Spn Met
AK63-00160-0006 Jap Met	AK63-00165-0006 Jap Met
AK63-00160-0007 Frn Met	AK63-00165-0007 Frn Met
AK63-00160-0008 Itl Met	AK63-00165-0008 Itl Met
AK63-00160-0009 Dut Met	AK63-00165-0009 Dut Met
AK63-00160-0010 Por Met	AK63-00165-0010 Por Met

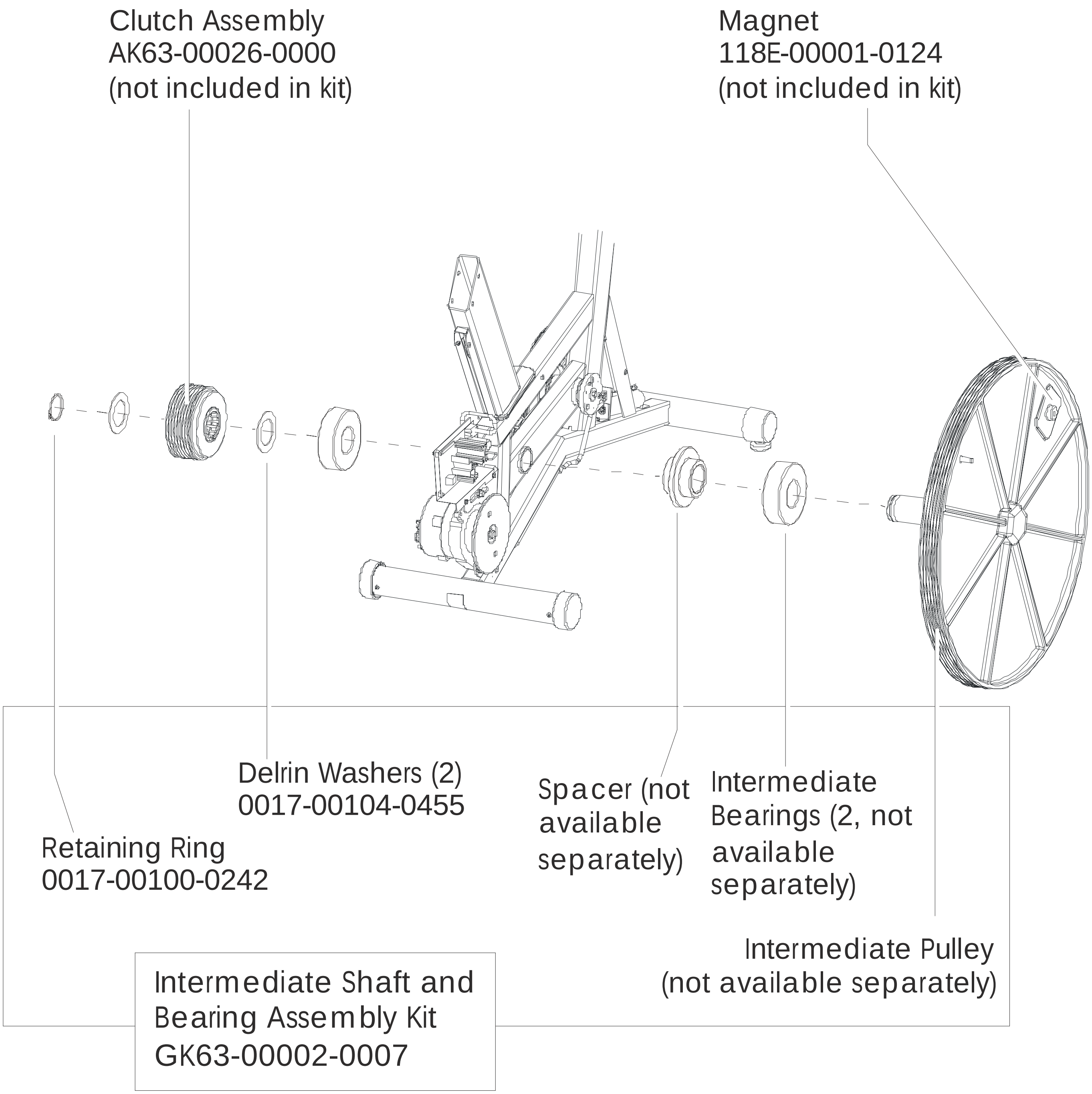

Upper Cover
0K63-01145-0001
Lower Cover
0K63-01146-0001
Cover Screws(4)
0017-00101-1744
Console
Mounting Screws(4)
0017-00101-1744
Polar Receiver
AK40-00045-0001
Accessory Tray
0K63-01030-0001
Accessory Tray Screws(4)
0017-00101-1744
Bolts
0017-00101-1755
Leveler
AK61-00035-0000

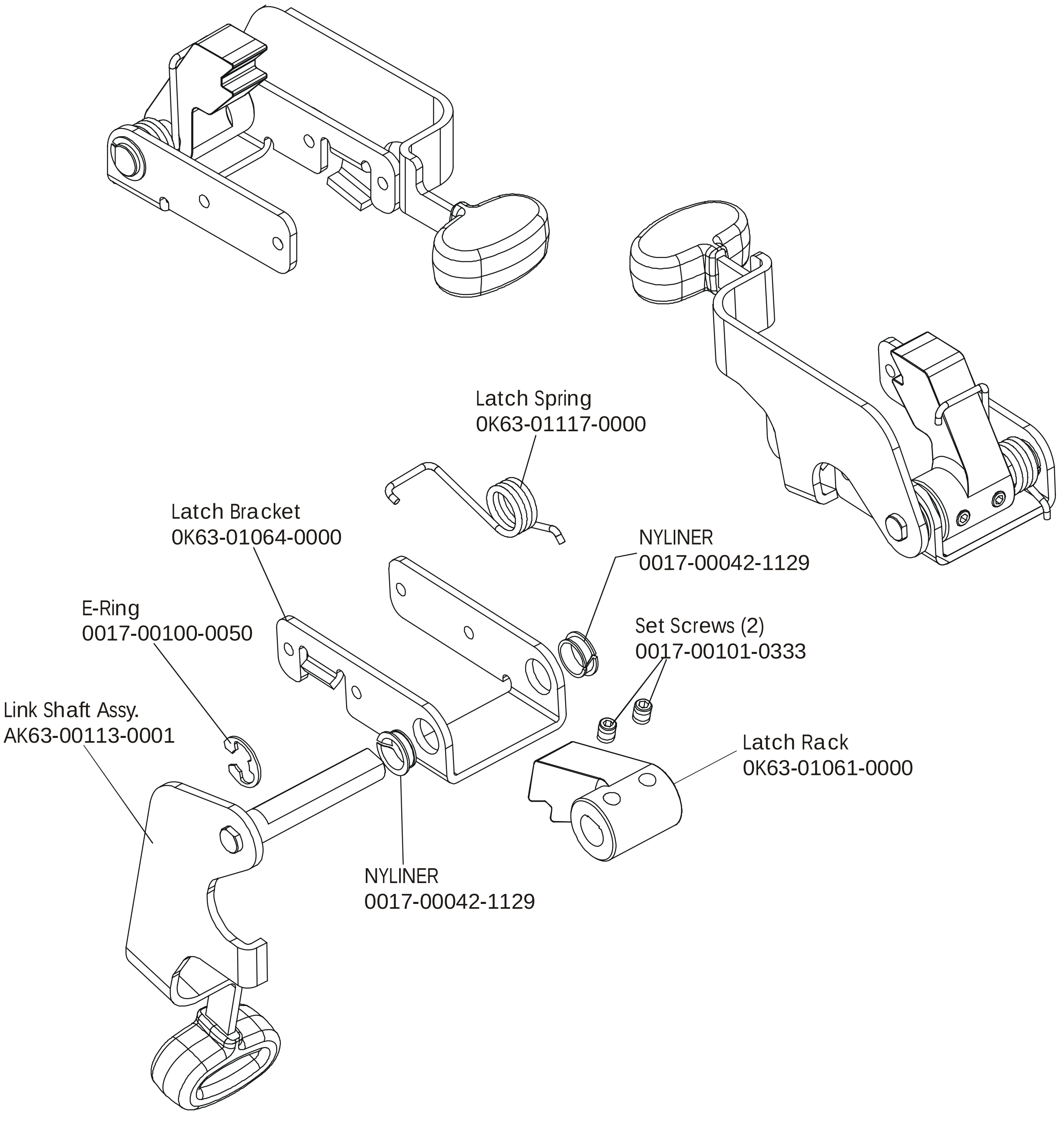


Alternator Pulley
0K61-02500-0001
Alternator
0017-00009-0841
Brushes
0017-00009-0895
Bolt
0017-00101-0956
Locking Nut
0017-00103-0117
Washer
0017-00104-0044

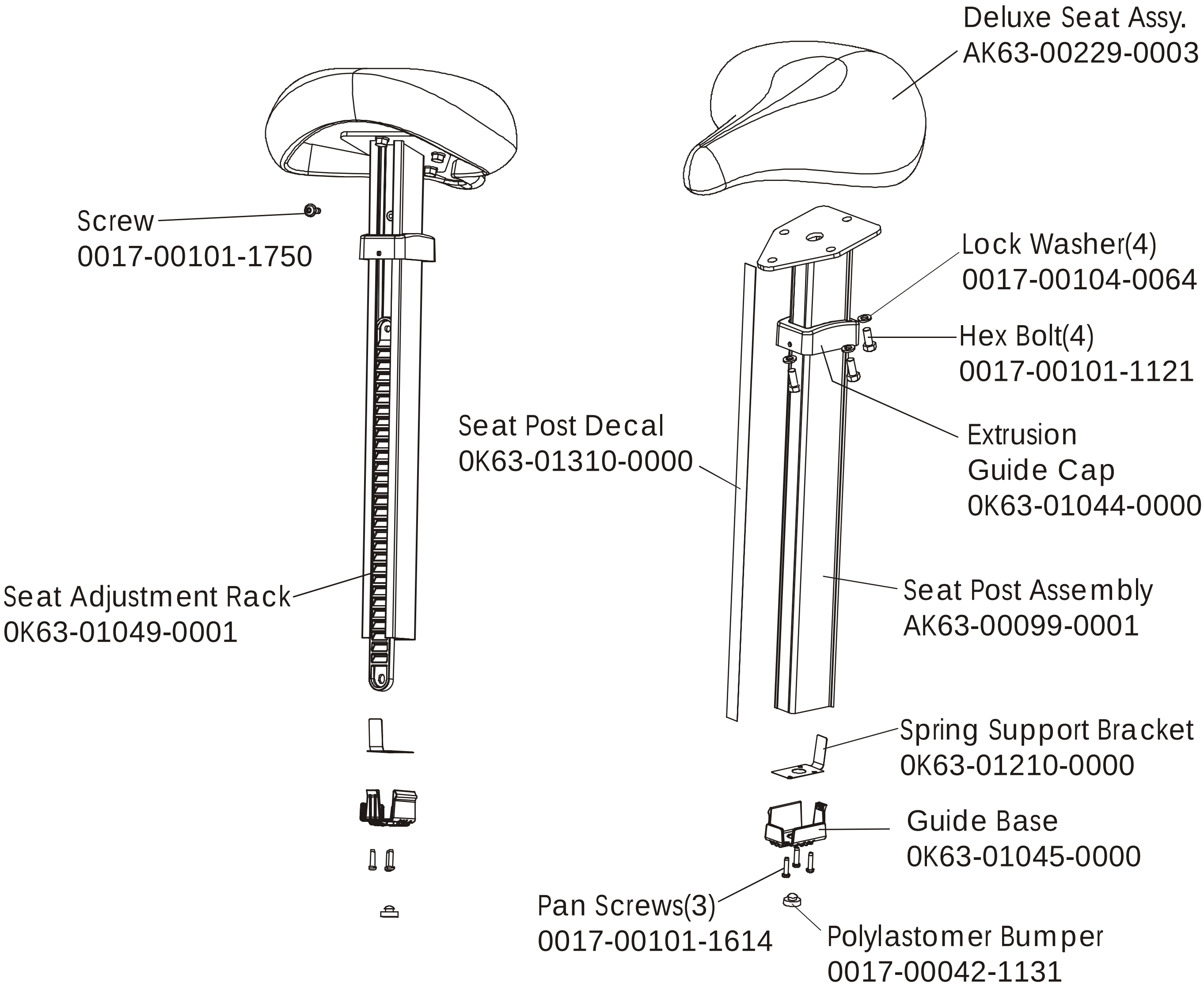


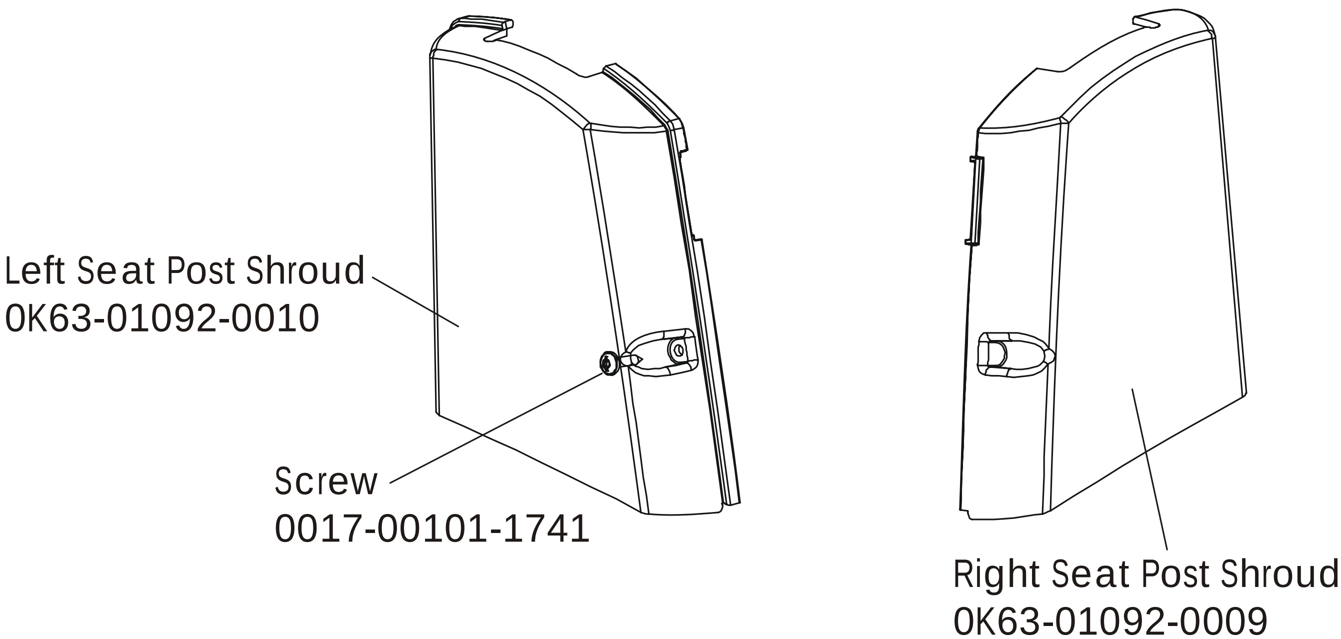
Crank Arm Hub
0K63-01095-0001
Pulley/Hub Assembly
AK63-00051-0000
Pulley
0K63-01018-0000
Flywheel Screws(3)
0017-00101-1715
Washers(3)
0017-00104-0458
*Crank Shaft & Bearing Kit
GK63-00002-0077
*Crank Shaft
0K63-01012-0001
*Small Thrust Washer(2)
0K63-01129-0000
*Large Thrust Washer(2)
0K63-01129-0001
*Bowed Retainer Ring(2)
0017-00100-0243
*Needle Bearing(2)
0K63-01344-0000
Washer(2)
0017-00104-0409
*Small Snap Ring(2)
0017-00100-0241
Crank Arm Hub(2)
0K63-01095-0001
Bolt(2)
0017-00101-1705

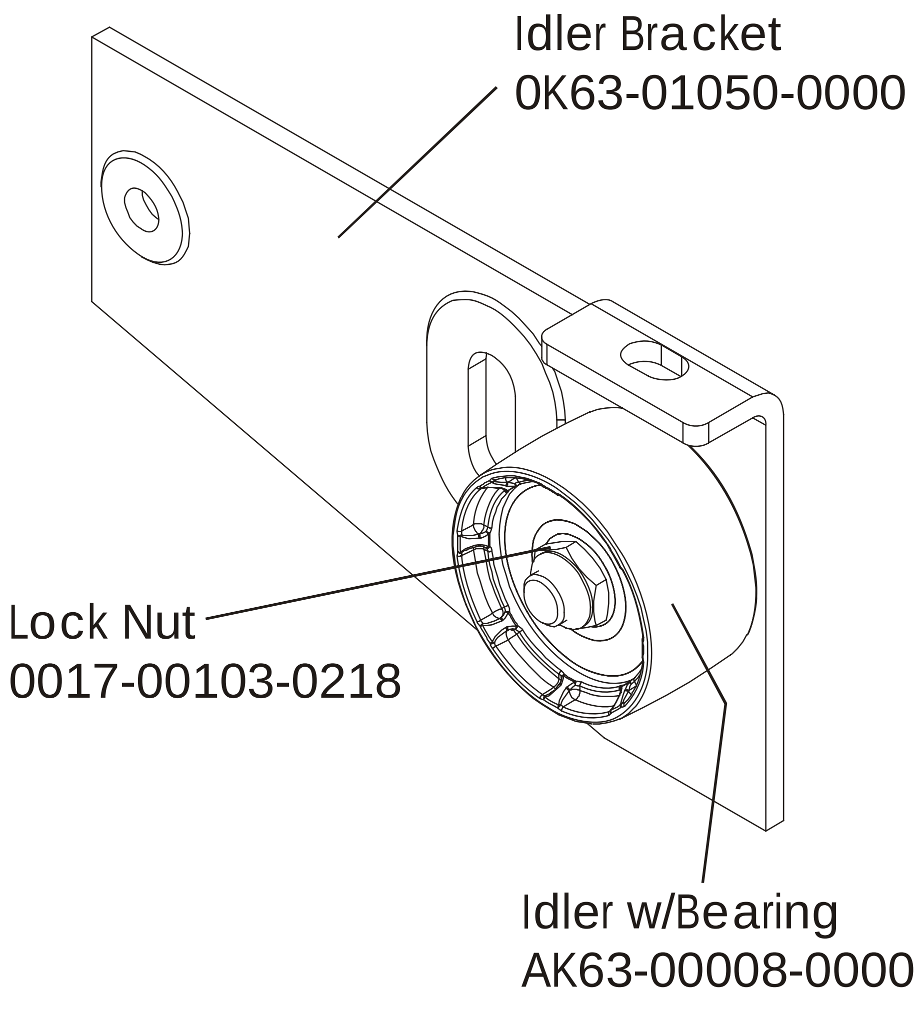

Clutch Assembly
AK63-00026-0000
(not included in kit)
Magnet
118E-00001-0124
(not included in kit)
Delrin Washers (2)
0017-00104-0455
Retaining Ring
0017-00100-0242
Spacer (not available separately)
Intermediate Bearings (2, not available separately)
Intermediate Pulley
(not available separately)
Intermediate Shaft and Bearing Assembly Kit
GK63-00002-0007

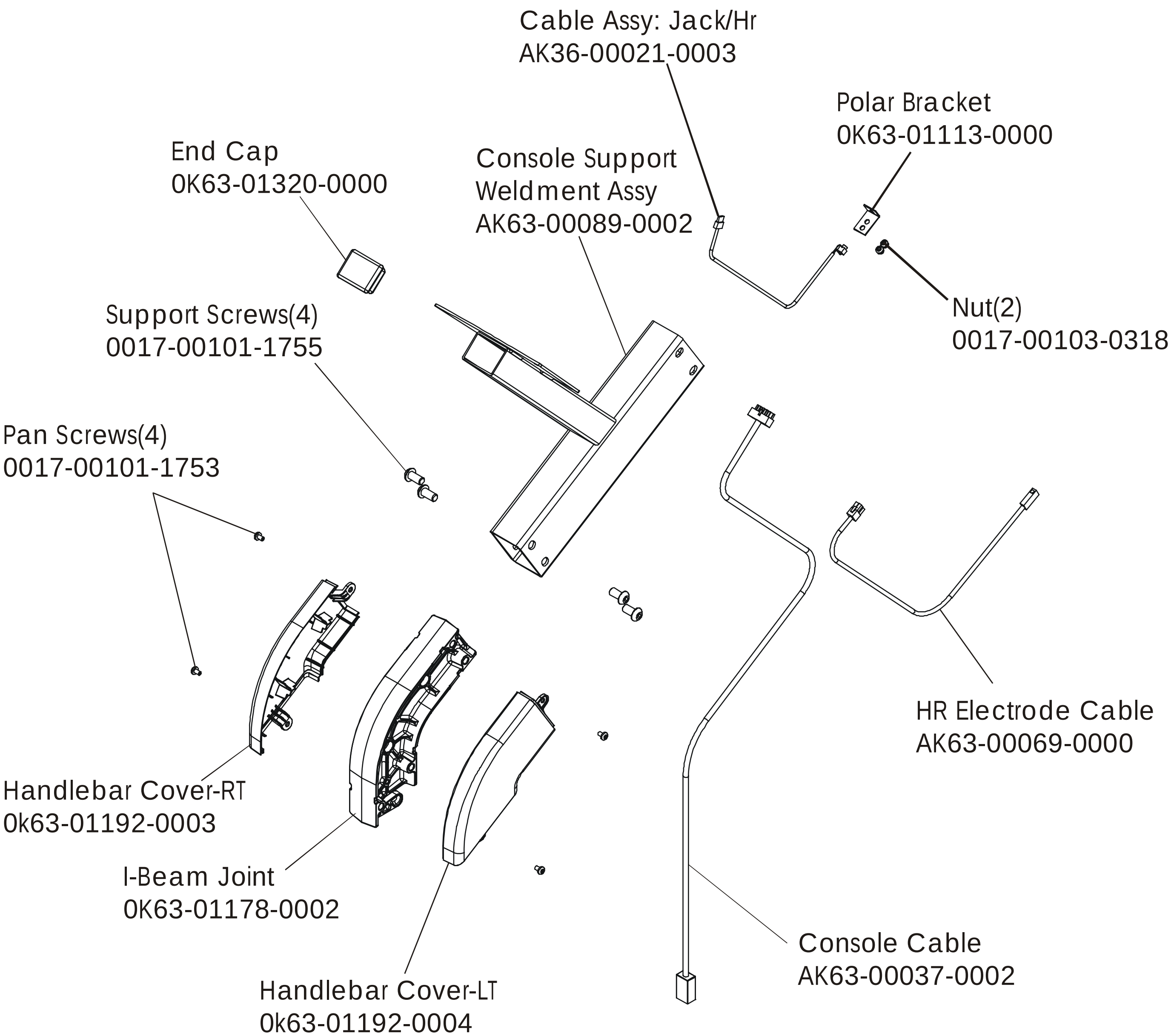

Latch Spring
0K63-01117-0000
Latch Bracket
0K63-01064-0000
NYLINER
0017-00042-1129
E-Ring
0017-00100-0050
Set Screws (2)
0017-00101-0333
Link Shaft Assy.
AK63-00113-0001
Latch Rack
0K63-01061-0000
NYLINER
0017-00042-1129

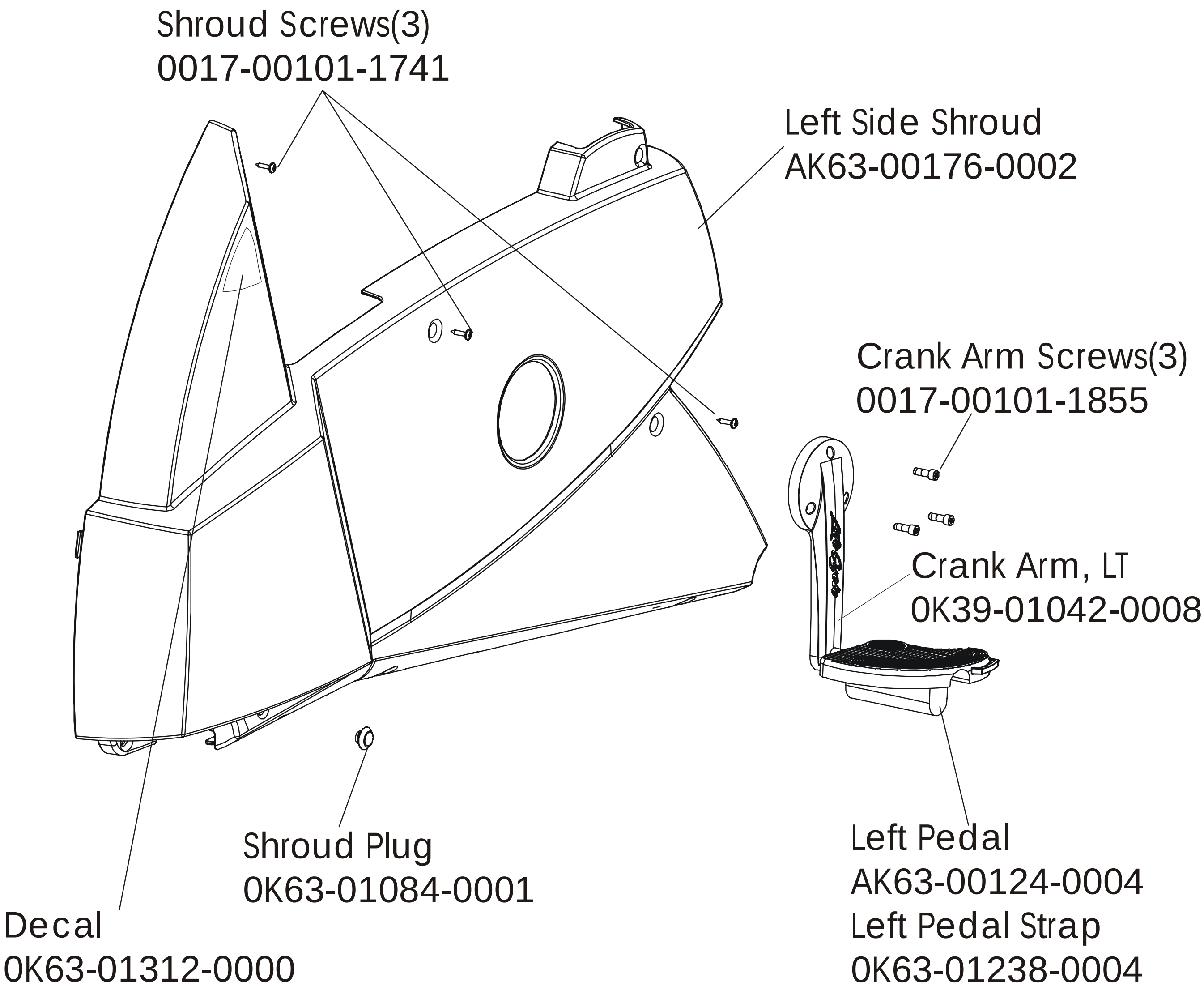
Seat Post Assembly – AK63-00232-0002 S/N CCR100000 and UP

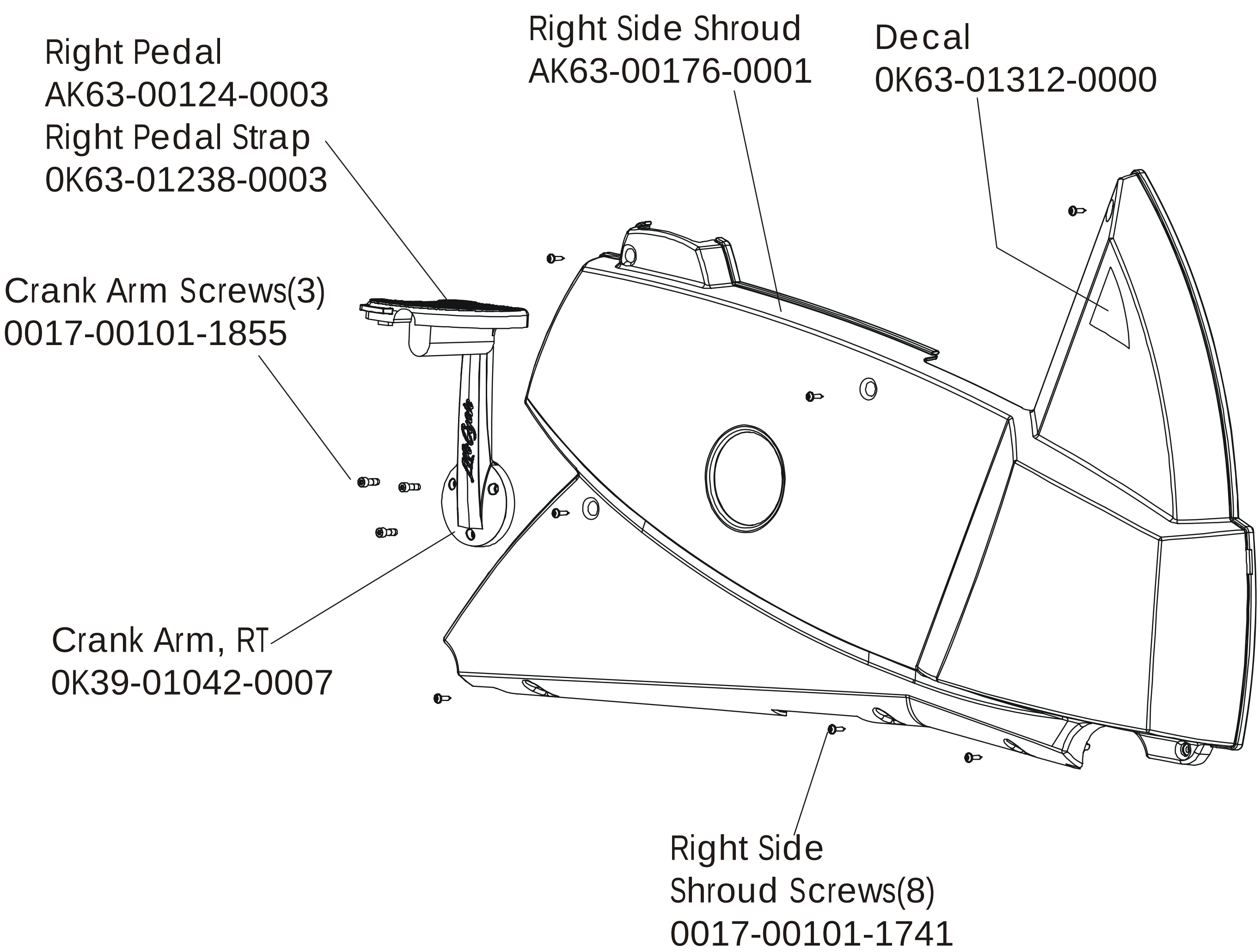



Left Seat Post Shroud
0K63-01092-0010
Screw
0017-00101-1741
Right Seat Post Shroud
0K63-01092-0009

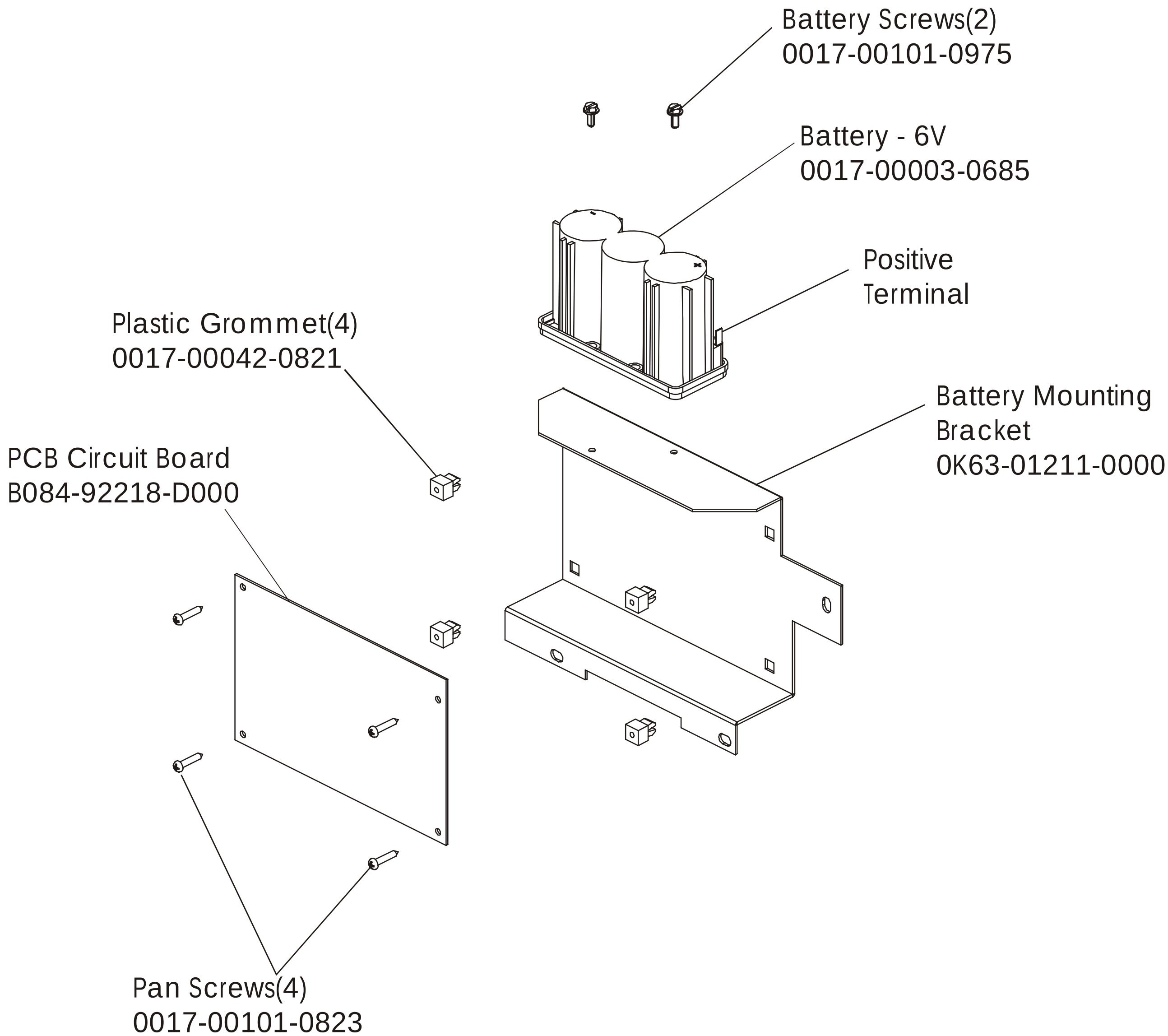

Idler Bracket
0K63-01050-0000
Lock Nut
0017-00103-0218
Idler w/Bearing
AK63-00008-0000

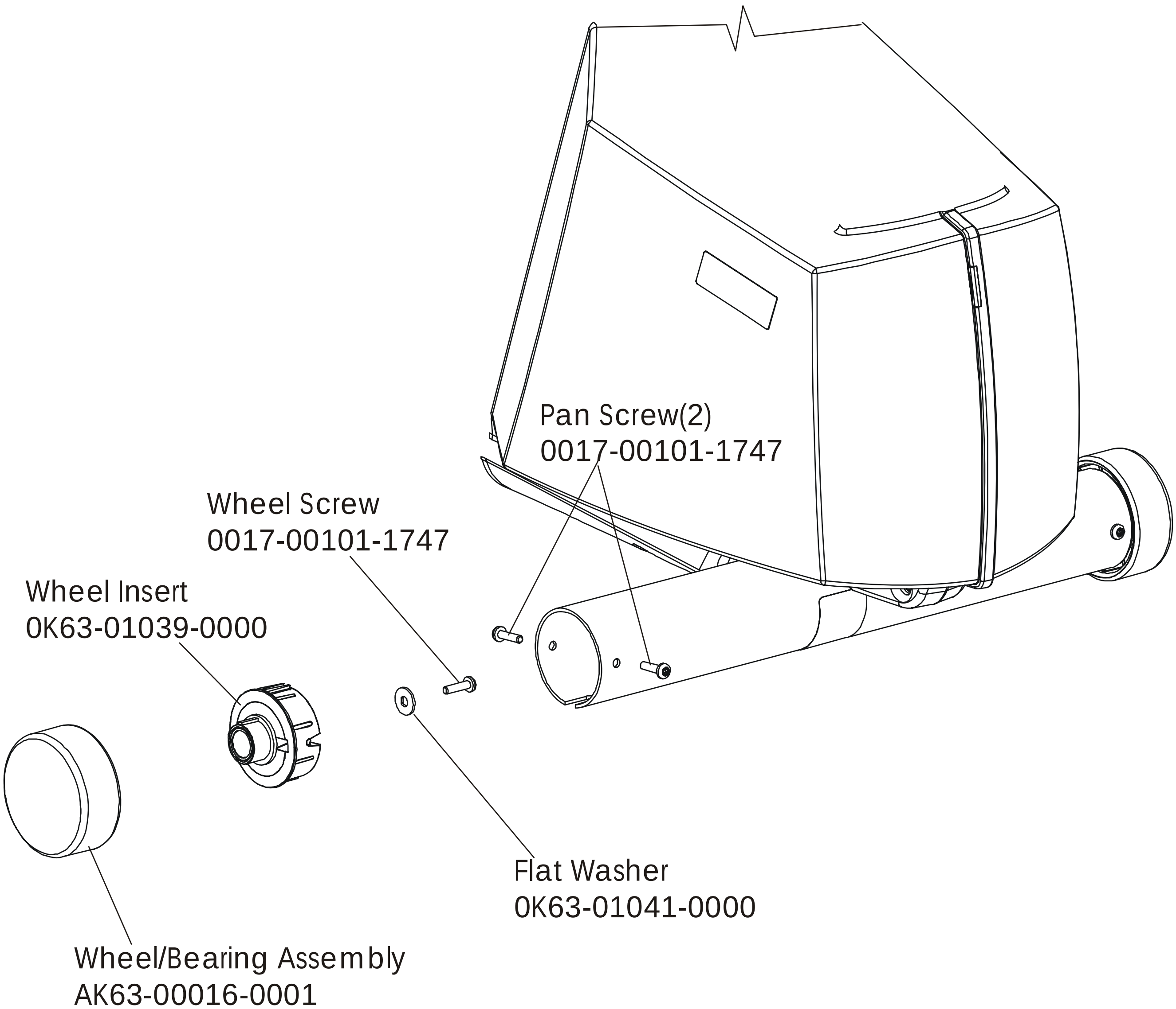

Cable Assy: Jack/Hr
AK36-00021-0003
Polar Bracket
0K63-01113-0000
End Cap
0K63-01320-0000
Console Support
Weldment Assy
AK63-00089-0002
Support Screws(4)
0017-00101-1755
Nut(2)
0017-00103-0318
Pan Screws(4)
0017-00101-1753
HR Electrode Cable
AK63-00069-0000
Handlebar Cover-RT
0k63-01192-0003
I-Beam Joint
0K63-01178-0002
Console Cable
AK63-00037-0002
Handlebar Cover-LT
0k63-01192-0004

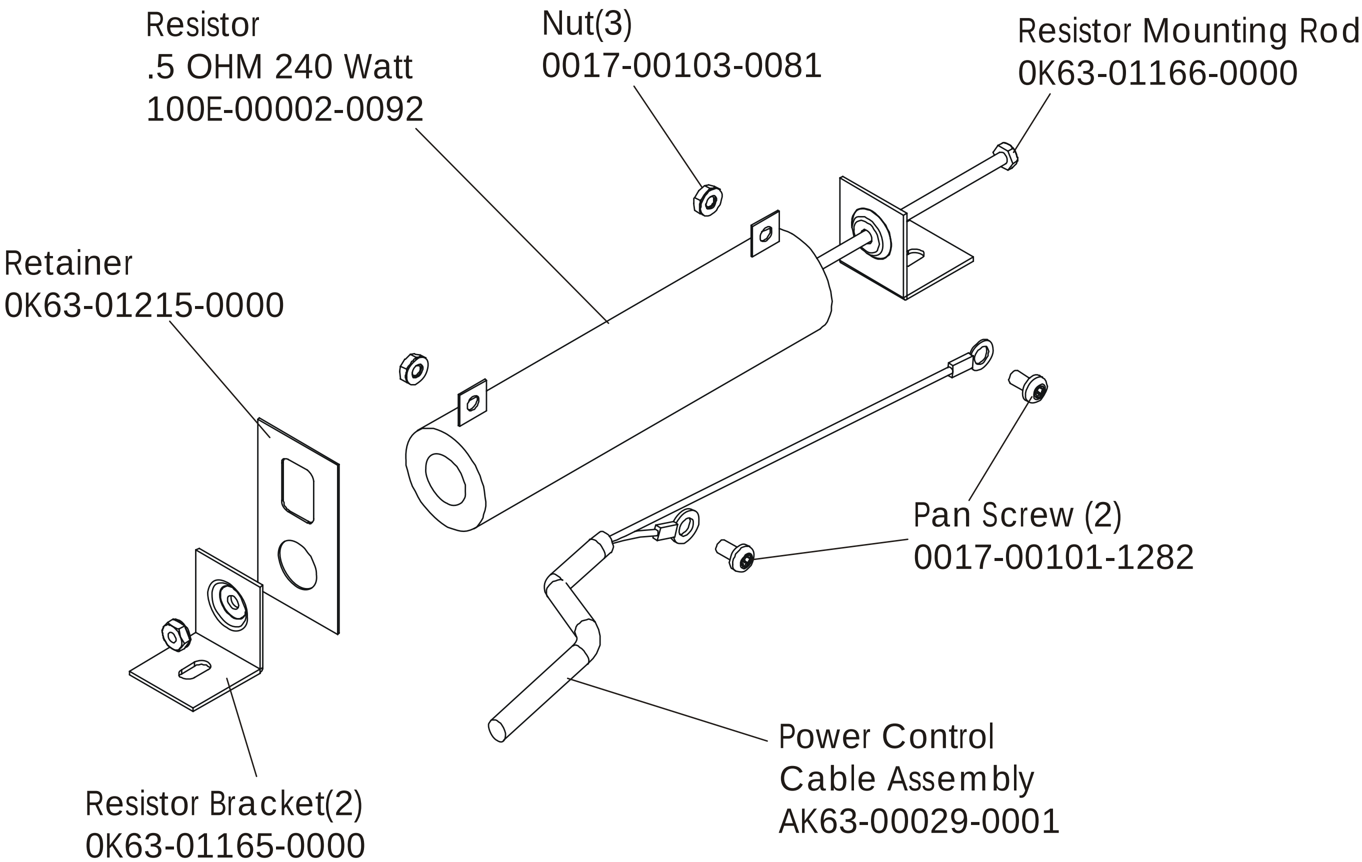

Shroud Screws(3)
0017-00101-1741
Left Side Shroud
AK63-00176-0002
Crank Arm Screws(3)
0017-00101-1855
Crank Arm, LT
0K39-01042-0008
Shroud Plug
0K63-01084-0001
Left Pedal
AK63-00124-0004
Left Pedal Strap
0K63-01238-0004
Decal
0K63-01312-0000

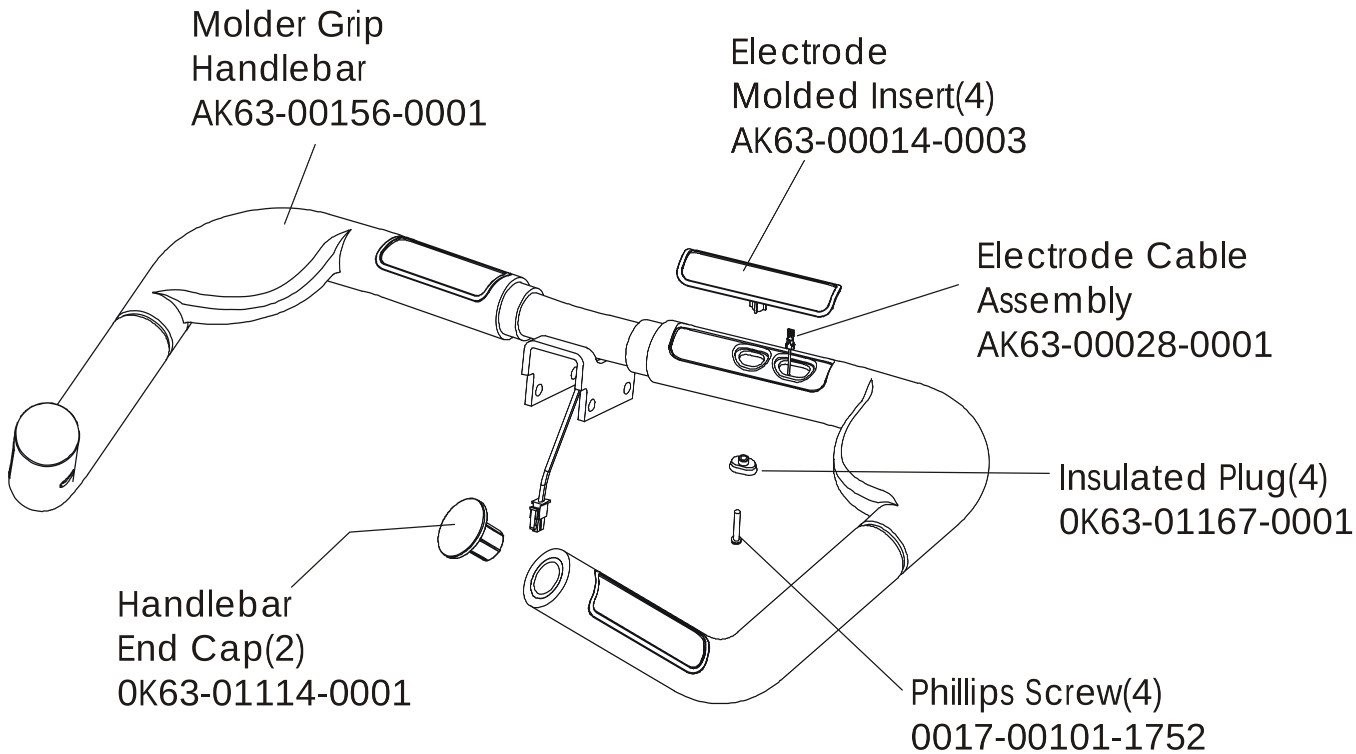

Right Pedal
AK63-00124-0003
Right Pedal Strap
0K63-01238-0003
Right Side Shroud
AK63-00176-0001
Decal
0K63-01312-0000
Crank Arm Screws(3)
0017-00101-1855
Crank Arm, RT
0K39-01042-0007
Right Side
Shroud Screws(8)
0017-00101-1741

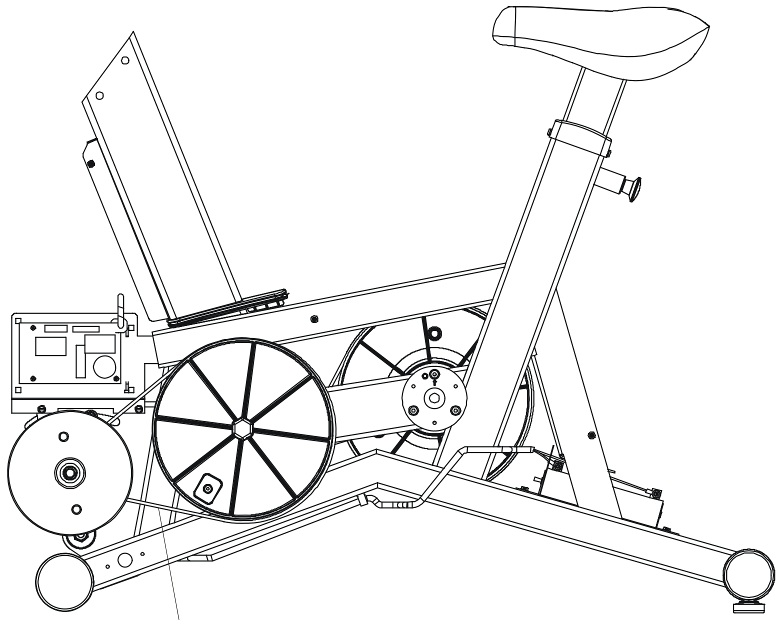
Assembly Number – AK63-00049-0000

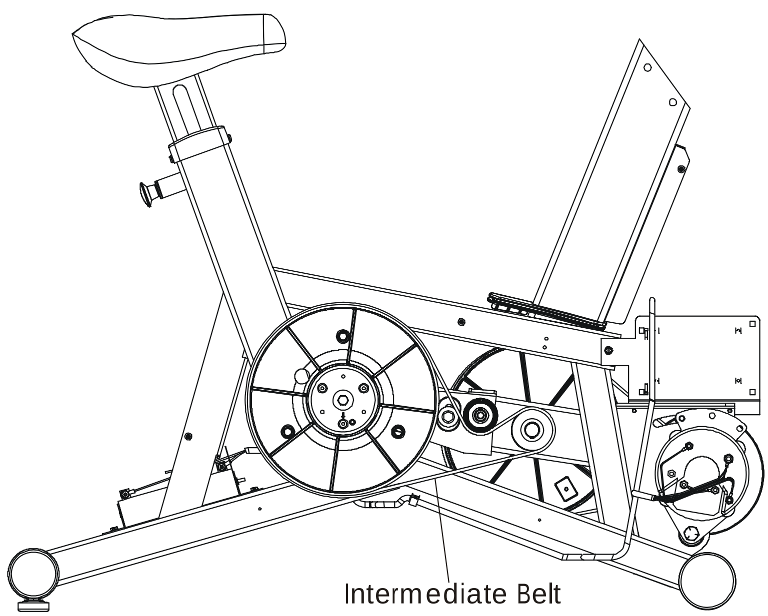


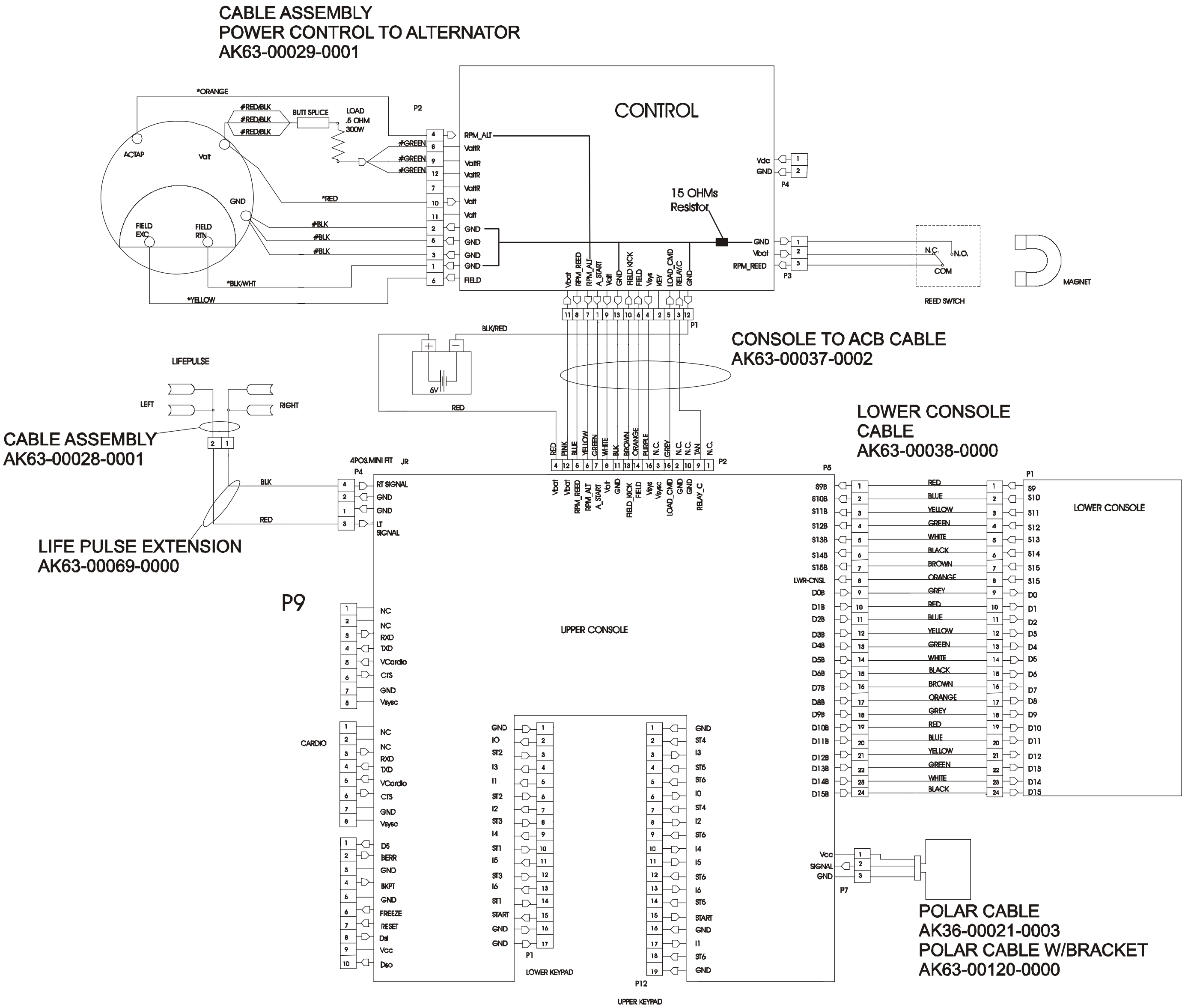

Pan Screw(2)
0017-00101-1747
Wheel Screw
0017-00101-1747
Wheel Insert
0K63-01039-0000
Flat Washer
0K63-01041-0000
Wheel/Bearing Assembly
AK63-00016-0001


Resistor
.5 OHM 240 Watt
100E-00002-0092
Nut(3)
0017-00103-0081
Resistor Mounting Rod
0K63-01166-0000
Retainer
0K63-01215-0000
Pan Screw (2)
0017-00101-1282
Power Control
Cable Assembly
AK63-00029-0001
Resistor Bracket(2)
0K63-01165-0000


Molder Grip
Handlebar
AK63-00156-0001
Electrode
Molded Insert(4)
AK63-00014-0003
Electrode Cable
Assembly
AK63-00028-0001
Insulated Plug(4)
0K63-01167-0001
Handlebar
End Cap(2)
0K63-01114-0001
Phillips Screw(4)
0017-00101-1752


Alternator Belt
0K63-01065-0000


Intermediate Belt
0K63-01066-0001


CABLE ASSEMBLY
POWER CONTROL TO ALTERNATOR
AK63-00029-0001
CONTROL
15 OHMs
Resistor
CONSOLE TO ACB CABLE
AK63-00037-0002
LOWER CONSOLE
CABLE
AK63-00038-0000
CABLE ASSEMBLY
AK63-00028-0001
LIFE PULSE EXTENSION
AK63-00069-0000
P9
UPPER CONSOLE
LOWER CONSOLE
POLAR CABLE
AK36-00021-0003
POLAR CABLE W/BRACKET
AK63-00120-0000